# The Southwest Slapshot



### **Southwest Hockey Association**

IN THIS ISSUE FOR: August 22, 2019

### Volunteering, Facebook Buy & Sell, Website & Raffle

#### Be sure to follow us on Social Media!

Send 'family friendly' photos of: **Games**, **Team Successes**, & **Community Involvement**! Follow us for the latest updates, and be sure to tag Southwest Hockey at: **#swcougarsroar** 

From your Communications Team













### The Value of Volunteering!

Many opportunities still remain, when it comes to volunteering this season!

#### Volunteering has many benefits, such as:

- Enjoyment & Fun! There can be a great "feel good" factor, especially when helping out in a sport your child enjoys!
- Achievement! Being reminded of the impact we can make on others, when we become a part of something bigger.
- Learn Something New! Volunteering can lead to learning new tasks, and strengthen confidence!

• Connections! People around you may be inspired by your work, and become involved themselves! Remember! Many hands, can make lighter work!

## When it comes to volunteering, PASSION and POSITIVITY, are the only requirements!



### Southwest Hockey Used Equipment Buy & Sell

This is a group whose sole purpose is for its members to buy and sell any unwanted <u>yet usable</u> ice hockey equipment. There are rules that must be followed, when utilizing this group. Please familiarize yourself with these rules.

Questions can be directed to: community@southwesthockey.ca







<u>A Reminder</u> --> It is the <u>member's responsibility</u> to stay informed. The website is the main source of information so please be sure to check it out at **www.southwesthockey.ca** 

You can also find us on Social Media by clicking on the picture below:









Thank you!!